

Age UK free helpline

Providing direct help to over a million older people each year through their local services.

0800 169 65 65

Alzheimer's Society

Dementia Connect Service:

0300 222 1122

Memory Support and Advisory Service:

01305 259740

British Heart Foundation Helpline

Advice about all aspects of heart disease.

0300 330 3311

British Red Cross

Equipment Hire

0300 456 1914

Bladder & Bowel Continence Service Dorset (West)

01305 259978

continence.dept@nhs.net

Bladder & Bowel Continence Service Dorset (East)

01202 443111

dhc.continence.shelleyroad@nhs.net

Care Lines

Assistive technology; 24-hour emergency alarm monitoring service for elderly and vulnerable people. 24-hour 365 day. Emergency cover via pendant etc).

Magna Housing

01305 755800

Connected Living

0333 400 8299

Lifeline and Careline: Bournemouth Careline

01202 452795

Poole Lifeline

01202 733255

Carers Trust

0300 772 9600

info@carers.org