



Telephone Groups

4

Carers

Leonardo Trust is funding PramaLife to provide Telephone Groups for Carers to give people the opportunity to meet and talk together, even if they can't do that face to face.

Carers often find it hard to take time for themselves for a chat, to get information from professionals or support from other Carers - now you can do that from your home phone or mobile phone.

To find out more on how you can run a group or be involved in a group as an individual or as an organisation - Please get in touch



To find out more call
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07999 402114
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The Leonardo Trust
Helping People Who Care For Others



PramaLIFE
Age Friendly Communities



The Leonardo Trust

Helping People Who Care For Others

The things we do...

All application forms are available to download or complete online.

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Grants for Individuals

Our individual grants support any recognised unpaid carer living in Dorset. We can provide funding for respite breaks, home services and improvements, tuition fees, domestic appliances, social and leisure activities, coach trips and days out, public events and any aspect of a carer's life deemed suitable by the Trustees.

If Only I'd Known That Booklet

This booklet has been written by a carer, and adapted by The Leonardo Trust and Pragma Life for Dorset based carers. This booklet gives helpful tips to make your caring role a little easier.

Home Alertlines

4 Carers

Working in partnership with Connected Living we are offering FREE installation and the first TWO MONTHS FREE for Connected Living - At Home Package. Further funding may be available from The Leonardo Trust.

Telephone Groups

4 Carers

This is a fun new way to connect with other carers! The groups are held on the phone. Grab a cuppa and get comfy in your own home and enjoy a good natter with other carers in a similar position to yourself.

Counselling

4 Carers

Counselling is a chance for a carer to focus on themselves and to think about their own needs.

The Leonardo Trust can fund a course of counselling to support a carers well-being.

Short Breaks 4 Carers

A break with or without the person you care for can be just what you need to switch off. We have a holiday home sited at Freshwater Holiday Park, based in Bridport.

Grants for Groups

Our group grants support any carers groups in need of funding. This could be an existing group who require funding or a new group looking to start up a new project. For example, carers evenings, carers support groups or afternoon teas/dinners.

Time Out Together

If you are running a carers group or attend an existing group for carers, then you could have an afternoon tea funded. Collection is from Poole. To request these individually wrapped boxes, please contact us.