



THE ADAM PRACTICE

## Key Information Releases by The Adam Practice since 24<sup>th</sup> March

### **24th April - Childhood & Pregnancy Immunisations Reminder**

We would like to reassure all our patients that we are continuing to provide routine childhood and pregnancy immunisations.

We encourage all patients to attend for any vaccinations that are due. We are taking every precaution to ensure patients are safe when attending our surgeries. Currently our Upton surgery has been designated as a nursing site and you'll be asked to attend this site.

\*For more information on the NHS vaccination programme please visit <https://www.nhs.uk/conditions/vaccinations/nhs-vaccinations-and-when-to-have-them/>

### **Update 22nd April - Coronavirus Testing**

We are proud to be a Research Surveillance Centre. As part of the important work being carried out from Public Health England in association with the RCGP we are assisting with COVID-19 testing to understand the incidence of the virus in our local population.

If you have a **continuous cough or feel like you have a temperature for less than 7 days** then you will be eligible to be tested for Coronavirus.

You will also be eligible for testing if you feel like you have a chest infection. Adults and children are able to be tested using a home testing kit that the research team will drop at your home. The test is very simple and comes with full instructions.

Please **self-refer** to the Research Team on 01202 339050 Or send an email to [theadampractice.research@dorsetgp.nhs.uk](mailto:theadampractice.research@dorsetgp.nhs.uk).

The research team will liaise directly with you including letting you know ASAP once your results are back. The Research Team work Monday to Friday 8am to 6pm. Please leave a message outside of these times and a member of the team will call you back.

Please do not call the main surgery number.

### **Coronavirus Update - Tuesday 7th April 2020**

NHS England have published an [FAQ sheet](#) with information for 'shielded' patients who are at the highest clinical risk of Covid-19.

This can also be found on the NHS webpage <https://www.england.nhs.uk/coronavirus/wp-content/uploads/sites/52/2020/03/20200402-FAQs-Patients-vFINAL.pdf>

### **Coronavirus Update - Friday 3rd April 2020**

We have updated our Community [Page](#) with information on local volunteer organisations who are supporting the vulnerable population and those who are self isolating, along with options for online pharmacy delivery services.

**Repeat Prescriptions** - These can be ordered online via SystemOnline. Please call the surgery to register. Our team will ask you some questions to confirm your identity and your account details will be sent electronically.

## **Coronavirus Update - Tuesday 31st March 2020**

A very small number of our patients will have been identified as being extremely vulnerable.

They will have already received a text message or letter from NHS England in the past week. Those patients should stay at home for 12 weeks.

There is another, larger group of patients who will also be advised to stay at home for 12 weeks. However, NHS Digital are still working to identify these patients.

Further guidance can be found at [bit.ly/TAPCovid-19Vulnerable](http://bit.ly/TAPCovid-19Vulnerable).

If you have not received communication from NHS England but believe you should be classed as extremely vulnerable, please see the specific criteria and advice in the government link [bit.ly/TAPCovid-19Vulnerable](http://bit.ly/TAPCovid-19Vulnerable).

At this stage the Practice and GPs are not able to give any additional information or say which patients will be included, nor can we give you letters to confirm that you are extremely vulnerable.

Our advice to all of our patients is to stay at home, apart from essential shopping, essential work and one form of exercise each day.

In all circumstances keep a 2 metre distance from other people and wash your hands regularly.

Stay safe.

The Adam Practice.

## **Coronavirus Update - Tuesday 24th March 2020**

Following PM Boris Johnson's latest announcement, our doors will now be CLOSED to all patients except those who have been asked to attend the Practice by a Clinician.

Virtually all requests and enquiries can be dealt with via telephone or online. This protects those patients who do need to be seen and our staff who need to be on site.

Further online methods of communication will also be made available shortly.

To minimise risk to staff and patients, we are now triaging ALL requests for appointments.

**Wherever possible, please refer to [111.nhs.uk](http://111.nhs.uk) before telephoning the Practice.**

**If you have either a new, persistent cough or a high temperature, you should self isolate for 7 days.**

**You do not need to contact your GP or 111 if you self-isolate.**

**If you have these symptoms and feel unwell and need further assistance, visit [111.nhs.uk](https://111.nhs.uk) or call NHS111**

**The Adam Practice will not make appointments for anyone with Coronavirus symptoms, in line with national guidance.**

**For more information about Coronavirus, please visit [nhs.uk/coronavirus](https://nhs.uk/coronavirus) or [gov.uk](https://gov.uk)**

Thank you for your understanding and cooperation.

**For employees seeking a 'Sick Note' (Med3 Fit Note) due to Coronavirus please visit [111.nhs.uk](https://111.nhs.uk) to obtain an isolation note or download the following letter for your employer: [Adam Practice Med3 letter 20032020](#)**